



All Natural With No Preservatives

Ready-To-Eat Fresh Fruits & Vegetables

Healthy Snacks and Ingredients Served Up Fresh in our Compostable Formats. Good for You and our Earth!



Serving up Healthy Profits with our Top 10 Product Innovation 2017 awarded by Canadian Federation Innovation Grocery, CFIG



They are a perfect healthy snack or side item. Offer with a combo meal, corporate meetings & events, schools, hotels, vending, cafés, kids meals, sports arenas, convenience stores, hospitals and wellness centres, on the golf course or anywhere On The Go!

- Washed and Ready to Eat
- ✓ Easy to Open
- ✓ Save Labour and Improve Food Safety
- ✓ Single serve convenience
- Delicious and fun to eat
- More than a full serving of fruit or vegetables
- ✓ All natural, non GMO

- ✓ Gluten Free, Dairy Free, Nut Free
- Compostable packaging
- No mess, hand held
- ✓ UPC per portion
- Unique patent design technology stays fresh refrigerated up to 14 days
- ✓ Array of local Canadian produce

www.natureknows.ca

905-612-0085

contact@natureknows.ca

Proud to partner together and support your healthy success! Good for you snacks for all ages. Good for the planet in our compostable formats.



Ideal pre-portioned ingredients to add with smoothies, salads, yogurt parfaits, oatmeal or cereals and many more!

Nature Knows Product Description	Pack Size/Format	UPC	scc
Fresh Red Seedless Grapes	60 x 75g pouch	628055756316	10628055756313
Fresh Sweet Tomatoes	60 x 75g pouch	628055756323	10628055756320
Fresh Baby Carrots	60 x 75g pouch	628055756347	10628055756344
Fresh Baby Carrots & Celery	60 x 75g pouch	628055756354	10628055756351
Fresh Blueberries	48 x 75g box	628055756002	10628055756009
Fresh Red Seedless Grapes	48 x 115g box	628055756019	10628055756016
Fresh Sweet Tomatoes	48 x 115g box	628055756033	10628055756030

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On-The-Go Smart Snacks!

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